

## Nebraska Food Distribution Processed Commodity Fact Sheet

---

**Name:** Turkey Ground

**Product Code:** 7205031

**Processor:** Oak Valley Farms

**Category:** Meat and Meat Alternate

**Date:** 6/7/2005

**Description:** A blend of white and dark with natural portion of skin ground together

**Pack Size:** 4-10# rolls, approximately 320 servings per case.

**Storage:** Store at 0 degree's F or below

**Preparation:** Thaw in refrigerator, positioned on refrigerator shelves so air can circulate. Thawing time is approximately one to two days. Use as soon as possible after reaching 38 degree F. internal temperature.

**Cooking:** Cook the same as any other ground meat

**Serving Size:** 2.0 oz

**Meal Contribution:** 2 meat/meat alternate

Nutrition Facts			
Calories:	89.72	Protein:	9.44 grams
Total Fat:	7.44 grams	Carbohydrate:	0.00 grams
Saturated Fat:	2.42 grams	Cholesterol:	40.00 mg
Trans Fat:	grams	Calcium:	57.40 mg
Iron:	0.82 mg	Dietary Fiber:	0.00 mg
Sodium:	56.28 mg	Vitamin C:	0.00 mg
Vitamin A:	15.22 IU		